

## COMMUNITY - HEALTH

### Free Workshops at Nantucket Health Club

Two free workshops on Step Aerobics, taught by Suzanne Davis, a group exercise instructor. Call 508-228-4750 to save your spot. Nantucket Health Club, 10 Young's Way. **Saturday (12th and 26th)** at 3 pm

### An Overview of Sensory Integration

What sensory integration is, how it impacts the child with Autism Spectrum Disorder, other special needs, and how families and staff can address them. Presented by Renee Gamberoni, MHS,OTR/L, Nantucket Public Schools Occupational Therapist. Co-sponsored by Nantucket Autism Speaks Resource Center and Special Needs Advisory Council. Information, khoryn@autismspeaks.org, or 646.-341-3043. NHS/Large Group Instruction Room. **Monday (14th)**, 6:30 – 8:30 pm.

### Community Dinner & Town Hall Meeting

'Preventing Underage Drinking'. Event includes youth led Community Briefing; poster and essay contest winners; summary of 2nd Annual NHS YRBS results; highlights of ASAP's Substance Abuse Prevention Plan; introducing the Project, Communities Mobilizing for Change on Alcohol Project. Coordinator, Mary Beth King; Guests from the Massachusetts Department of Public Health, Bureau of Substance Abuse Services, and the Southeast Center for Healthy Communities. By the Alliance for Substance Abuse Prevention Coalition. Nantucket High School, 10 Surfside Rd. **Monday (14th)**. Dinner: 4:45 – 5:30 pm. Town Hall Meeting: 5:50 – 7:30 pm.

### Relationships: What Works – What Doesn't

Informal panel discussion with island mental health practitioners regarding relationships, ranging from couples to adolescents to grand parenting. A presentation by the Professional Consultation Group will provide an overview on how to maintain successful relationships. Q & A will follow. Free; refreshments. Information: Richard, 508-228-6099. Nantucket Atheneum Lower Gallery. **Tuesday (15th)** at 6 pm.

### Alcoholics Anonymous

Meetings most days at 7 am, noon, 5:30 pm and 8 pm. Call 228-2334 for help, meeting times, days and locations.

### Kundalini Yoga

A blend of posture, movement, breath, sound, meditation and relaxation – a challenging workout focusing on breath awareness. Instructor Logan Gomes. Suitable for all levels. \$15 admission. 508-332-0056. 11 Centre St., upstairs at the Preservation Institute. **Wednesdays** at 5:30 pm.

### Free HIV and Hepatitis C Counseling and Testing

508-228-3955, www.nantucketaids.org. Nantucket AIDS Network, 35 Old South Rd. Every **Tuesday** and **Thursday**, 8:30 am to 3 pm.

### Free Yoga Classes

Taught by Ariel Marcoux. Nantucket Health Club. **Tuesday** and **Thursday** mornings at 7:00 am for the month of March.

### Prenatal Yoga

With certified Kundalini Yoga instructor Joan Alison Stockman. All women at any stage of pregnancy are welcome. \$15 per class, or 4 weeks for \$40. 508-325-0126 for information and registration. Building D at 16 Macy's Lane. **Thursday** evenings at 6:30 pm.

### Nantucket Holistic Health

Paula McQuaid, PT, MT, CST and Tammy Belanger, OT, Licensed Acupuncturist, offer free consultations to determine what complimentary alternative medicine best suits your health needs. Space is limited. Call 508-228-7577 to reserve a spot. 37 Old South Rd, Bldg.. C#9. **Tuesdays** from 12 – 1 pm.

### Shambhala Meditation Group

Beginners welcome. Call Elisabeth at 508-228-5121 if you want to learn to meditate, but can't make it on Tuesdays. Yoga Room, 49 Fairgrounds Rd., **Tuesdays** at 7:45 pm.

## FILM

### The Next Industrial Revolution

In Bill McDonough's vision, humanity takes

nature itself as its guide in reinventing technical enterprises to be as safe and ever-renewing as natural processes. Shot in Europe and the U.S., the film explores how businesses are transforming themselves to work with nature and enhance profitability. Sense of Place II: A Film Series About Community, Sustainability, & the Environment. Co-sponsored by Sustainable Nantucket, Nantucket Green, and the Nantucket Atheneum. Free. Atheneum Great Hall, 1 India St. **Wednesday (9th)** at 7 pm.

## MARIA MITCHELL ASSOCIATION

### Summer Activities Fair

Register your children for summer activities with various on-island organizations. Nantucket Elementary School Cafeteria. **Friday (11th)**, 6 - 8 pm.

### Open Nights at Loines Observatory

Sample the sights of the distant heavens with MMA astronomers. Weather permitting. \$5 adult, \$3 child (members); \$10 adult, \$6 child (non-members). 59 Milk St. Ext. **Friday (11th)**, 9 pm.

## MUSIC AND NIGHTLIFE

### Chicken Box: Jeff Tuohy Band

"Fusing Dave Matthews and John Mayer" (Performing Songwriter). Chicken Box. **Friday and Saturday (11th and 12th)**, 10 pm to 1 am.

### Quartetto Gelato



Classical in intent but eclectic by design, the Canadian based Quartetto Gelato plays six instruments and includes an operatic tenor. The repertoire varies between classical masterworks, operatic arias and tangos, gypsy and folk songs. Produced by the Nantucket Arts Council, directed by Nantucket Arts Council board member Dr. Gerry Mack. Tickets: Arts Council office, 508-325-8588, or Mitchell's Book Corner, Bookworks, Dan's Pharmacy, and at the door, space permitting. High school and younger students are free. Coffin School, 4 Winter Street. **Sunday (13th)**, 4 pm.

### Nantucket School of Music Chorus Rehearsal

For May 15 concert of Mozart Vespers, Barbara Elder, conductor. New singers welcome. Information: Barbara Elder, 508-228-7280 x1269. NHS Chorus room. **Monday (14th)**, 7 pm.

### The Women's Chorus of Nantucket

Rehearsal at the Unitarian Church on **Thursdays** from 7 to 8:30 pm. The chorus sings jazz, pop, gospel, country and world music. Conducted by Marcia Hempel, 508-228-3802.

## NANTUCKET HISTORICAL ASSOCIATION

### In Search of Giant Squid

Giant squid specimens, tentacles, myths and legends, comparison to other squids and mollusks, how they hunt, move, and defend themselves, and their anatomy and behavior. Exhibition by the National Museum of Natural History and the Smithsonian Institution Traveling Exhibition Service, in partnership with the Discovery Channel. Supported in part by the Egan Maritime Foundation and Novation Media. Peter Foulger Gallery, 13 Broad St. Open Friday - Sunday, 11 am to 4 pm through April 20.

### Hours

•Whaling Museum: Friday through Sunday,

11 am – 4 pm through April 24. Also Martin Luther King Day, January 21, and Presidents Day, February 18, 10 am – 4 pm. •NHA Research Library: Monday, Thursday, and Friday from 10 am to 4 pm, and Tuesday, 11 am – 4 pm.

## NANTUCKET LIGHTSHIP BASKET MUSEUM

49 Union St. 508 228-1177. Open Fridays from 10 to 4, Saturdays and Sundays from 10 to 2.

### Exhibition: "On My Own Time"

Basket weaving demonstrations every **Saturday** from 10 am to noon. Show runs until April 27. Youth weaving classes are held each **Monday** from 2:30 - 5 pm.

## RELIGIOUS SERVICES

Clip and save this full listing. Listings are printed when space permits, or when changes have occurred.

### Brazilian Assembly of God in Nantucket Revival Church

Service times: Saturday and Sunday at 7:30 pm. Come be blessed by God. 11 Orange Street. Pr. Nilson Lara. 508-228-5605.

### Brazilian Foursquare Gospel Church

Tuesday Bible Study at 8 pm; Saturday Spirit-filled worship at 7:30 pm with Pastor Mario Vieira. 508-367-7313. In Portuguese, translator present. All welcome. Downstairs at the Methodist Church. Entrance on Rose Lane.

### Christian Science Society

2 Madaket Road. 508-325-5540 www.cs-nantucket.com. Services: Sunday at 10 am; Wednesday at 7 pm. Sunday School: Sunday morning for children and teens. All welcome.

### Congregation Shirat HaYam

Reopening May, 2008. 508-228-6588 or www.shirathayamnantucket.org.

### First Congregational Church

62 Centre St. Rev. Joy A. Baumgartner, Sr. Minister. Sunday service and church school at 10 am. www.nantucketfcc.org. 508-228-0950.

### Interfaith Devotional Gatherings

Meditations will focus on ONE Loving Creator, ONE Unfolding Religion, ONE Human Family – The Bahá'í Faith. Any prayers or scriptures welcome. 508-325-4325. Living room conference room, Nantucket Cottage Hospital, 57 Prospect St. 2nd and 4th Wednesdays at 7:30 pm.

### St. Mary - Our Lady of The Isle

3 Federal Street. 508-228-0100. Reverend Paul E. Canuel, Pastor. Sacrament of Reconciliation (Confession): Every Saturday at 4 pm. Sunday Masses: Saturday Vigil at 5 pm; Sunday at 8 and 11 am; Spanish Mass: Sunday at 6 pm. Weekday Liturgy: Monday - Friday at 7:30 am.

### St. Paul's Episcopal Church

20 Fair St., 228-0916. The Rev. William Eddy, Interim Priest. Sunday Holy Eucharist: 8 and 10 am; Wednesday Mid-week Eucharist: 8:30 am; Church School: Sunday at 10 am During The Service.

### Stillwaters Community Worship

Sundays, 10:30 am and Sunday School, 9 - 10 am for ages 3 and up at 9 East Creek Road. Tuesdays, 10:45 am at Our Island Home. 508-325-4547. Rev. Georgia Anne Snell.

### Summer Street Church

Evangelical Fellowship, 1 Summer St. Sunday School: all ages at 9 am. Morning Worship: Sundays at 10:15 am. Women's Bible Study: 4 Trotters Lane, Tuesdays at 7 pm. Men's Bible Study: 4 Trotters Lane, Wednesdays at 7:30 pm.

### Unitarian Universalist Church

11 Orange St. 508-228-5466. Rev. Jennifer Brooks, Minister. Sunday service, Sunday School ages 5-12, and nursery care for infants and toddlers: 10:45 am.

### United Methodist Church

Thursday Bible Study: Thursdays at 6 pm. Come for any session. Beginning and ending

with prayer, with study, lively discussion and fellowship in between. All welcome. Downstairs at the Methodist Church, 2 Centre St. Sunday worship and Sunday School at 10 am; handicapped accessible.

## THEATER

### Casting Calls

The Theatre Workshop of Nantucket will host open call auditions for its summer season main stage plays, musicals and children's performances on April 28 and 29 at 7 p.m. upstairs at the Methodist Church. Main stage selections for 2008 include "Silvia," "The 15-minute Hamlet," "Moon over Buffalo," "Wait Until Dark," and "Almost Maine." The TWN Summer Resident Company will be creating offerings for children and families such as "Story Time with a Princess," "The Little Mermaid," and "Pinocchio." People who are interested in being considered for plays but will be away on the audition dates may submit their resume and photo. For details go to theatreworkshop.com.

## TOWN GOVERNMENT MEETINGS

This is neither a comprehensive nor legal posting of meetings, but for informational purposes only. Meetings are subject to change of time, venue and date. Please check the meeting board for official postings at the Town Building, 16 Broad Street.

ANNUAL TOWN MEETING: Nantucket High School Auditorium. Wednesday (9th) at 7 pm. Thursday if necessary.

BEACH MANAGEMENT ADVISORY COMMITTEE: Land Bank Conference Room. Every Thursday at 4 pm.

BOARD OF SELECTMEN: Courtroom. Wednesday (16th) at 6 pm. (Televised on Comcast PlumTV Channel 22 beginning at 7 pm same night.)

C.C.W.G.: BOS Conference Room, 16 Broad St. Tuesday (18th) at 10:30 am.

COMMUNITY PRESERVATION COMMITTEE: 3rd Tuesday of each month (Apr 15th) . 2 Fairgrounds at 3:15 pm.

HISTORIC DISTRICT COMMISSION: Cyrus Peirce Cafeteria. Tuesday (15th) at 5 pm.

HISTORIC STRUCTURES ADVISORY BOARD (HDC): 37 Washington St. Conference Room. Monday (14th) at 3 pm.

MADDAQUET ADVISORY BOARD: 37 Washington St. Wednesday (9th), 2 pm.

'SCONSET ADVISORY BOARD (HDC): 37 Washington St. Conference Rm. Thursday (10th) at 4 pm.

SIGN ADVISORY COUNCIL (HDC): 37 Washington St. Conference Room. Tuesday (15th) at 9 am.

ZONING BOARD OF APPEALS: 2nd Friday of each month, 2 Fairgrounds, 1 pm.

## VOLUNTEERS NEEDED

### Nantucket Wine Festival

May 14 - 18. Contact Nancy at 617-755-5523 or nancy@nantucketwinefestival.com.

Please e-mail your event listings to: [events@nantucketindependent.com](mailto:events@nantucketindependent.com) or fax to 508-228-1079 by Friday at 5 pm for the 8 days beginning on the following Wednesday.

Compiled, designed, and photographed by Gene Mahon