

sports & outdoors

Southeastern Mass. Swimming League Championships Nantucket, Saturday, March 8

Final Score
Marshfield — 2,052; Nantucket — 1,726;
Willy's East — 867; Sandwich — 496; Turbo — 486

League Records Broken
(Five in the entire meet, two by Nantucket)
Boys 11-12 Medley Relay — 2:14.18 — Miles Geddes, Jack Decker, Henry Blackwell, Jackie Trudel (Old record set by Weymouth on 3/15/03 — 2:18.63)
Boys 11-12 Freestyle Relay — 1:58.28 — Jackie Trudel, Henry Blackwell, Jack Decker, Miles Geddes (Old record set by Dartmouth on 3/10/00 — 2:02.77)

Dolphin Team Records Broken — Five total
Boys 11-12 Medley Relay — 2:14.18 Miles Geddes, Jack Decker, Henry Blackwell, Jackie Trudel — previously held by the same group: 2:19.76
Beau Garufi — 15 and Over 100 yard IM — 58.12 — previously held by Garufi and Josh Blount — 1:00.62
Beau Garufi — 15 and Over 50 yard Breaststroke — 29.70 — previously held by Garufi
Boys 11-12 Freestyle Relay — 1:58.28 Jackie Trudel, Henry Blackwell, Jack Decker, Miles Geddes — previously held by the same group: 2:03.36
Girls 13-14 Freestyle Relay — 1:53.18 Carly Jensen, Alexa Dragon, Merrill McCluskey, Theresa Head (The relay would have broken a league record but for the



Michael Galvin/The Independent

second place finish to Marshfield. The previous league record was held by two Nantucket teams with the time of 1:54.36 — the first one set by Robin Gottlieb, Theresa Head, Carly Jensen and Emily Hutchinson on 3/10/07; the second by Carly Jensen, Cara Garufi, Merrill McCluskey and Theresa Head on 2/10/08.

First Place Finishes (20 individuals and three relays)
Sophie Kuhl — 8 & Under 25 yard Freestyle: 17.13
Dakota Dragon — 9-10 50 yard Freestyle: 34.21
Gus Day — 9-10 50 yard Freestyle: 34.24 and 100 yard Freestyle: 1:19.10

Emily Kitsock — 8 & Under 25 yard Backstroke: 21.09

Boys 11-12 Medley Relay — 2:14.18: Miles Geddes, Jack Decker, Henry Blackwell, Jackie Trudel

Sophie Davies — 11-12 50 yard Freestyle: 28.81 and 100 yard Freestyle: 1:03.60
Jack Decker — 11-12 50 yard Freestyle: 28.61 and 100 yard Freestyle: 1:03.90

Theresa Head — 13-14 50 yard Freestyle: 27.99
Ainsley Ellis — 15 & Over 50 yard Freestyle: 26.49; 50 yard Backstroke: 30.90; 100 yard Freestyle: 56.63
Henry Blackwell — 11-12 50 yard Butterfly: 35.10
Miles Geddes — 11-12 50 yard Backstroke: 32.73 and 100 yard IM: 1:10.93

Alexa Crosby — 11-12 100 yard IM: 1:17.09
Carly Jensen — 13-14 100 yard IM: 1:11.50
Olivia Rand — 11-12 50 yard Breaststroke: 38.84
Beau Garufi — 15 & Over 50 yard Breaststroke: 29.70

Boys 11-12 Freestyle Relay — 1:58.28: Jackie Trudel, Henry Blackwell, Jack Decker, Miles Geddes

Girls 15 & Over Freestyle Relay — 2:01.30: Elizabeth Reed, Katie McInerney, Robin Gottlieb, Ainsley Ellis

GIRLS

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Adriene (1,149 points).

Fortunately, Paterson will be back, as will Shantel Hanniford, Parinda Darden, Grace Anne Tornovich, Lindsay Fry, Bianca Brown, Ashley Clinger and Caroline Stanton.

Let's not forget the seniors, however, who were a big reason why this team boldly went where no Nantucket team had gone before:

- Mandy Cahill, who provided a solid and steady

presence at center; make no mistake, a real reason Nantucket matched up well against other tournament teams was because of Cahill's abilities in the post.

- Aileen Fredericks: her ability to spark the team with big baskets, her enthusiasm and defensive strength made her a team leader.

- Whitney Butler: Another strong player in the pivot, whose inside moves and shot blocking spelled the difference in countless games.

- Cassie Moran: A strong defensive player who also knew how to get open and, as a passer, find the open player.

- Stephanie Espinoza: A transfer student and a great pickup for the team. With her court sense and inside shooting touch, the addition of Espinoza helped ensure the team's seamless transition from last year's championship run to this year's successful season.

All are part of a team that can look back with pride at what was accomplished.

And so, we celebrate. There was much to cheer about, and, like last year, much to build upon for next year. ■

THE INDEPENDENT SUDOKU

				4		3		1
		5					8	
			2	3	9			
1					2	8		
7	8	4	6		3	1	9	2
		2	1					6
			3	6	8			
	1					5		
3		9		7				

PUZZLE BY OPENSky

Sudoku is a Japanese logic puzzle that consists of a 9-by-9 grid with some of the 81 squares filled in with numbers. Your challenge is to fill in the rest. There's only one simple, but often maddening, rule: The numbers 1 through 9 must appear only once in each of the grid's nine rows, nine columns, and nine 3-by-3 blocks. Proper sudokus have only one solution, meaning they can always be solved by logic. Don't place a number unless you have determined it is the only number that can go in that square. Trial and error guessing is hard work unless there are only a few squares remaining to solve.

THE INDEPENDENT KAKURO

KrazyDad.com

Kakuro puzzles are like a cross between a crossword and a Sudoku puzzle. Instead of letters, each block contains the digits 1 through 9. The same digit will never repeat within a word. If you add the digits in a word, the sum will be the number shown in the clue. Clues are shown on the left and right sides of "across" words, and on the top and bottom sides of "down" words